UNDERSTANDING THE TIME-DEPENDENT EFFECTIVE DIFFUSION COEFFICIENT MEASURED BY DIFFUSION MRI: THE INTRACELLULAR CASE

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Abstract. Diffusion magnetic resonance imaging (dMRI) can be used to measure a time-dependent effective diffusion coefficient that can in turn reveal information about the tissue geometry. Recently, a mathematical model for the time-dependent effective diffusion coefficient was obtained using homogenization techniques after imposing a certain scaling relationship for the time, the biological cell membrane permeability, the diffusion-encoding magnetic field gradient strength, and a periodicity length of the cellular geometry. With this choice of the scaling of the physical parameters, the effective diffusion coefficient of the medium can be computed after solving a diffusion equation subject to a time-dependent Neumann boundary condition independently in the biological cells and in the extracellular space. In this paper, we analyze this new model, which we call the H-ADC model, in the case of finite domains, which is relevant to diffusion inside biological cells. We use both the eigenfunction expansion and the single layer potential representation for the solution of the above-mentioned diffusion equation to obtain analytical expressions for the effective diffusion coefficient in different diffusion time regimes. These expressions are validated using numerical simulations in two dimensions.

Key words. diffusion MRI, time-dependent ADC; homogenization, effective medium

AMS subject classifications. 35B27, 35Q99, 65M32, 65Z05

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1. Introduction. Diffusion magnetic resonance imaging (dMRI) encodes water displacement due to diffusion via the application of diffusion-encoding gradient pulses and is a powerful tool to obtain information on the tissue microstructure. A major application has been in detecting acute cerebral ischemia minutes after stroke [28, 45]; dMRI has been used to detect and differentiate a wide range of physiological and pathological conditions in the brain, including tumors [25, 40, 43] and myelination abnormalities (for a review, see [21]). It also has been used to study brain connectivity (for a review, see [20]) and in functional imaging [22] as well as in cardiac applications [5, 6, 35].

In particular, we are interested in an important quantity measured by dMRI called the “apparent diffusion coefficient” (ADC), which is usually significantly lower than the intrinsic diffusion coefficient of water, which we will denote by $D_0$. How much lower the ADC is compared to $D_0$ gives a measure of how much the water diffusion is hindered by obstacles in the medium.

In order to motivate a rigorous definition of the ADC, we now explain the concept of the mean squared displacement (MSD) of a population of water molecules (spins). The MSD of spins during a diffusion time $t_D$ is defined as

$$MSD(t_D) \equiv \frac{1}{\int_{x_0} \rho(x_0) dx_0} \int_{x_0} \int_{x_0} \rho(x_0) ((x - x_0) \cdot u_g)^2 u(x, x_0, t_D) dx dx_0.$$  

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The function \( u(x, x_0, t_D) \) is called the diffusion propagator and gives the proportion of spins starting at the position \( x_0 \) when \( t = 0 \) that end up at the position \( x \) at time \( t_D \). The density of the spins at \( x_0 \) is denoted by \( \rho(x_0) \) and \( \mathbf{u}_g \) (called the diffusion-encoding direction) is a unit vector in \( \mathbb{R}^3 \) that indicates the direction of the applied magnetic gradient pulses. Following the classical definition, we define the effective diffusion coefficient in the direction \( \mathbf{u}_g \) to be the following:

\[
(2) \quad \frac{1}{2t_D} \text{MSD}(t_D).
\]

Since the MSD in a heterogeneous medium is not necessarily linear in \( t_D \), the effective diffusion coefficient typically depends on \( t_D \).

The MSD can be measured by dMRI using a sequence of magnetic field gradient pulses (called a diffusion-encoding sequence). There exist many different sequences that one can use to measure diffusion, but one of the most common is the so-called pulse gradient spin echo (PGSE). Since the PGSE is widely used and in order to simplify the presentation, in this paper we present all the results in terms of this sequence.

The PGSE sequence contains two rectangular pulses of the diffusion-encoding gradient magnetic field \( B_{\text{diff}} = g \mathbf{u}_g \cdot \mathbf{x} \), where \( g \) is the strength of the gradient and \( \mathbf{u}_g \) is the gradient direction. Each pulse has a duration \( \delta \), with the delay between the start of the two pulses denoted by \( \Delta \), and there is also a radio-frequency (RF) pulse to affect a 180-degree spin reversal between the pulses. We represent this sequence in Figure 1. With \( G(t) \) we indicate the profile in time described above, while with \( f(t) \) we indicate the more appropriate normalized mathematical description of this time profile. In particular,

\[
(3) \quad f(t) = \begin{cases} 
1 & t_s < t \leq t_s + \delta, \\
0 & t_s + \delta < t \leq t_s + \Delta, \\
-1 & t_s + \Delta < t \leq t_s + \Delta + \delta, \\
0 & \text{elsewhere,}
\end{cases}
\]

![Sequence diagram for the pulsed gradient spin echo (PGSE).](image)

**Fig. 1.** Sequence diagram for the pulsed gradient spin echo (PGSE). RF: the time profile of the application of the radio-frequency pulses. \( G(t) \): the time profile of the application of the diffusion-encoding gradients. \( f(t) \): the effective time profile of the application of the diffusion-encoding gradients taking into account the 180-degree pulse. \( \delta \): the duration of the diffusion-encoding gradient pulses. \( \Delta \): the delay between the start of the pulses. Echo: time at which the signal is acquired.
where \( t_s \) is the start of the first pulse and we made \( f(t) \) negative in the second pulse to include the effect of the 180-degree spin reversal between the pulses. For simplicity, since \( t_s \) does not play a role in the results of this paper, we set \( t_s = 0 \).

In the ideal case, where the pulse duration is very short compared to the delay between the pulses, i.e., \( \delta \ll \Delta \), called the narrow pulse case, it is easy to relate the magnetization of spins to the diffusion propagator \( u(x, x_0, t_D) \). Let us consider spins initially located at \( x_0 \). After the first pulse, the complex phase of these spins is \( e^{i\delta \gamma g x_0} \), where \( \gamma = 42.576 \) MHz/Tesla is the gyro-magnetic ratio of the water protons. Because the gradient magnetic field is turned off after the first pulse, the spins move, but the phase of the spins does not change. The phase remains \( e^{i\delta \gamma g x_0} \) until the application of the RF pulse, resulting in a 180-degree spin reversal. After the 180-degree RF pulse, the complex phase becomes \( e^{-i\delta \gamma g x_0} \). Again, spins move, but the phase of the spins stays the same until the application of the second pulse, after which the complex phase due to spins ending up at position \( x_f \) becomes \( e^{i\delta \gamma g (x_f - x_0)} \). So the magnetization at the position \( x \) and time \( t \) is

\[
M(x, t) \approx \int_{x_0} \rho(x_0) u(x, x_0, \Delta) e^{i\delta \gamma g u(x-x_0)} dx_0,
\]

where we emphasize again that we used the assumption \( \delta \ll \Delta \). The dMRI signal \( S \) is the total water proton magnetization in an imaging voxel \( V \) measured at a specific time \( TE \) called the echo time:

\[
S = \int_{x \in V} M(x, TE) \, dx.
\]

The echo-time \( TE \) is usually some time after the end of the second pulse (i.e., \( TE \geq \Delta + \delta \)). Since \( TE \) does not play a role in the results of this paper, we set \( TE = \Delta + \delta \) for the rest of the paper.

Because the diffusion displacement is usually much shorter than the size of the imaging voxel size, we can ignore spins that enter and leave the voxel during the signal acquisition and thus take domain of integration in (5) to be \( \mathbb{R}^3 \). Using properties of the Fourier transform, we obtain

\[
\left. \frac{\partial^2 S}{\partial (\delta g)^2} \right|_{\delta g = 0} \approx MSD(\Delta)
\]

in the case of the narrow pulse PGSE sequence, where \( S_0 \) is the signal at \( g = 0 \) (a derivation of this statement can be found in [23]).

Without the narrow pulse assumption, (4) does not hold exactly. Rather, \( M(x, t) \) is governed by the Bloch–Torrey equation, which is a complex-valued diffusive PDE:

\[
\begin{align*}
\frac{\partial M(x, t)}{\partial t} &= -\nu g u_k \cdot x f(t) M(x, t) + \text{div}(D_0(x) \nabla M(x, t)) \quad \text{in } \bigcup \Omega_j \times [0, TE] \\
\|D_0 \nabla M \cdot n\|_{\Gamma_{ij}} &= 0 \quad \text{on } \Gamma_{ij} \times [0, TE] \\
D_0 \nabla M \cdot n|_{\Gamma_{ij}} &= \kappa \|M\|_{\Gamma_{ij}} \quad \text{on } \Gamma_{ij} \times [0, TE] \\
M(\cdot, 0) &= \rho \quad \text{in } \bigcup \Omega_j,
\end{align*}
\]

where \( \Omega_0 \) is the extra-cellular space and each of \( \Omega_j \), \( j = 1, \ldots, N \), is a biological cell; the vector \( n \) is the exterior normal to the biological cells; \( \|\cdot\|_{\Gamma_{ij}}, i, j = 0, \ldots, N, i \neq j \), is the jump (the limit value in compartment \( i \) minus the limit value in compartment \( j \))
on $\Gamma_{ij}$, the interface between $\Omega_i$ and $\Omega_j$; $\kappa$ is the membrane permeability coefficient; and $i$ is the imaginary unit. The function $f(t)$ gives the normalized time profile of the diffusion-encoding magnetic field gradient pulses, which for the case of the PGSE sequence we have defined in (3).

We note that the Bloch–Torrey equation needs to be supplemented by additional boundary conditions on the sides of the imaging voxel. For example, periodic boundary conditions on the boundary of the voxel would be an acceptable choice.

In the case of unrestricted diffusion in a homogeneous medium with the intrinsic diffusion coefficient $D_0$, the integral of the solution of the Bloch–Torrey equation, in other words, the total magnetization, takes the exponential form [4, 16]

\begin{equation}
S = S_0 e^{-D_0 b}
\end{equation}

with the $b$-value defined as

\begin{equation}
b \equiv \gamma^2 g^2 \int_0^{TE} F(t)^2 dt,
\end{equation}

where

\begin{equation}
F(t) \equiv \int_0^t f(s) ds.
\end{equation}

In particular, for the PGSE sequence,

\begin{equation}
F(t) = \begin{cases} 
t & t_s < t \leq t_s + \delta, 
\delta & t_s + \delta < t \leq t_s + \Delta, 
\Delta + \delta - t & t_s + \Delta < t \leq t_s + \Delta + \delta, 
0 & \text{elsewhere}. 
\end{cases}
\end{equation}

To adapt the definition of the effective diffusion coefficient to the nonnarrow pulse case, we make the following mathematical definition:

\begin{equation}
D_{\text{eff}}^{\text{diff}} \equiv -\frac{1}{\gamma^2 \int_0^{TE} F(t)^2 dt \partial g^2} \left. \frac{\partial}{\partial g^2} \ln \left( \frac{S}{S_0} \right) \right|_{g=0}.
\end{equation}

In the dMRI community, the above quantity is fitted using the experimental MRI signal at several $b$ values, and the obtained value is the $\text{ADC}$. The $\text{ADC}$ is widely used in medical applications; for instance, $\text{ADC}$ maps of brain have been used to identify tumors (see [21, 44]). The $D_{\text{eff}}^{\text{diff}}$ defined in the above formula depends on the gradient direction $\textbf{u}_g$ and the temporal profile $f(t)$ but not on the gradient amplitude. In this paper, with the phrase “diffusion time dependent,” we actually mean dependent on $\Delta$ and $\delta$.

The motivation of our work is the experimentally observed phenomenon (see [33] and the references contained there) that the $\text{ADC}$ depends on $\Delta$ (and $\delta$ in the nonnarrow pulse case), leading to the need to characterize the time-dependent $\text{ADC}$ in terms of tissue-related quantities over a wide range of diffusion time regimes. The ultimate goal is of course the estimation of these tissue-related quantities from the measured dMRI signal.

In this paper, we focus on the case of finite domains, where the membrane permeability is small enough to have negligible effect on the effective diffusion coefficient,
which is related to the first-order moment of the dMRI signal in the $b$-value (12). We note that this does not exclude the permeability from having an effect on the higher-order moments of the signal. For the case where the permeability does affect the $D_{\text{eff}}$, the analysis is more difficult, and we refer the reader to [7, 15, 19, 41, 42] for results on periodic media and to [3, 8, 30, 31, 32] on more general heterogeneous media, not necessarily periodic.

Now we summarize some existing results concerning the effective diffusion coefficient for finite domains where the membrane permeability is negligible. In the short time regime, the effective diffusion coefficient is reduced from the free diffusion coefficient $D_0$ by the presence of the cell membranes that affects only the molecules in the adjacent layer. The thickness of this layer is of the order of the diffusion length $\sqrt{D_0 t}$ [17], where $D_0$ is the bulk diffusion coefficient. Calculations in [26, 27] show

$$D_{\text{short}}(t) = D_0 \left(1 - \frac{4}{3d\sqrt{\pi}} \frac{S}{V} \sqrt{D_0 t}\right),$$

where $d$ is the spatial dimension and $S/V$ is the surface-to-volume ratio. This result was extended to include higher-order terms accounting for permeable membranes, surface relaxation, and mean curvature [18, 30]. It was also shown that, in the case of anisotropic media subjected to a linear gradient with direction $u_g$, one should replace $\frac{S}{V}$ above by $\int_{\partial \Omega} (u_g \cdot \nu)^2 d\Omega |\Omega|$ [1, 9]. In the long time limit, the spins explore the whole available space of the finite domain, and then their mean square displacement saturates while the effective diffusion coefficient decreases to zero as $\Delta$ increases. For an isolated cell of a typical size $R$, the diffusion becomes Gaussian, as was shown in [29, 34]. In the case of the PGSE sequence in the narrow pulse limit, one gets

$$D_{\text{long}}(\Delta) \approx C \frac{R^2}{\Delta},$$

where $C$ is a geometrical constant (for example, $C = 1/4$ for the reflecting cylinder and $C = 1/12$ for a one-dimensional (1D) configuration [4, 9]).

Finally, an approach that is closely related to the work of this paper is the “matrix formalism” approach used to describe restricted diffusion in bounded domains [2, 9, 10, 11]. There, one considers the applied diffusion-encoding magnetic field as a perturbation of the Laplace operator, and the magnetization is decomposed on the basis of Laplacian eigenfunctions.

In contrast to the matrix formalism approach, in a previous work [14], we derived a homogeneous model which we call the H-ADC model and which is the focus of this paper. The H-ADC model was derived using a certain scaling of the membrane permeability with respect to other physical parameters and thus is not limited to impermeable domains. Our derivation of the H-ADC model justifies neglecting the membrane permeability for the choice of scaling that we have made. In addition, since we have formulated the time-dependent effective diffusion coefficient as the solution of a diffusion equation rather than directly in the eigenfunction basis, we have the freedom to analyze the solution of the resulting diffusion equation using both the eigenfunction representation as well as the layer potential representation according the relevant time regime under consideration. Finally, we note that we preferred the term “apparent” to the term “effective” in naming the H-ADC model due to the more common usage of the term ADC in the MRI community.

We emphasize here that this paper continues our previous work in [14], where the H-ADC model was derived. In this paper, we derive approximate solutions to the
H-ADC using different approaches. This paper is organized as follows. In section 2 we describe the H-ADC model derived in [14]. In section 3 we represent the solution of the relevant diffusion equation of the H-ADC model using the eigenfunction basis as well as by single layer potentials and discuss the regime where each representation is advantageous. In section 4 we provide formulas for the effective diffusion coefficient that is averaged over diffusion-encoding gradient directions that are uniformly distributed in the unit sphere. In section 5 we validate our analytical results with numerical simulations on two-dimensional geometries. Section 6 contains our conclusions.

2. Effective diffusion coefficient in finite domains. In a previous work [14], we obtained a homogenized model by starting from the Bloch–Torrey equation using the following scaling relationship between the time (∆ and δ), the biological cell membrane permeability (κ), the diffusion-encoding magnetic field gradient strength (g), and a periodicity length of the cellular geometry (L):

\[ L = O(\epsilon), \quad \kappa = O(\epsilon), \quad g = O(\epsilon^{-2}), \quad \{\Delta, \delta\} = O(\epsilon^2), \]

where \( \epsilon \) is a nondimensional parameter. It was shown that with this choice, there is no coupling between the different geometrical compartments in the \( g^2 \) term which gives rise to the effective diffusion coefficient. The total effective diffusion coefficient is the sum of the effective diffusion coefficient in each geometrical compartment weighted by its volume fraction. Thus, in this paper we are justified in considering each compartment separately.

According to [14], with the definitions of \( F(t) \) given in (11), the effective diffusion coefficient in the compartment \( \Omega \) can be obtained in the following way:

\[
D_{\text{eff}}^{ug} = D_0 - \frac{D_0}{\int_0^{TE} F(t)^2 dt} \int_0^{TE} F(t) h(t) dt,
\]

where

\[
h(t) = \frac{1}{|\Omega|} \int_{\Omega} u_g \cdot \nabla \omega(x,t)
\]

is a quantity related to the directional gradient of a function \( \omega \) that is the solution of the homogeneous diffusion equation with Neumann boundary condition and zero initial condition,

\[
\frac{\partial}{\partial t} \omega(x,t) - \nabla (D_0 \nabla \omega(x,t)) = 0, \quad x \in \Omega,
\]

\[
D_0 \nabla \omega(x,t) \cdot \nu(x) = D_0 F(t) u_g \cdot \nu(x), \quad x \in \partial \Omega,
\]

\[
\omega(x,t) = 0, \quad x \in \Omega,
\]

\( \nu \) being the outward normal and \( t \in [0,TE] \). We can see that if \( h(t) \) is close to \( F(t) \), then \( D_{\text{eff}}^{ug} \) is close to 0. The above set of equations, (15)–(17), make up the homogenized model that we call the H-ADC model.

In our previous work [14], we imposed periodic boundary conditions on the boundary of the voxel. In this paper, we are interested in analyzing (15)–(17) for spatially finite compartments, which is relevant to diffusion inside biological cells. It will not be necessary to impose periodic boundary conditions on the sides of the imaging voxel if we consider only cells that do not touch the sides.
3. Solution of the H-ADC model. Defining the right-hand side of the Neumann boundary condition as
\begin{equation}
\beta(y, t) \equiv D_0 F(t) u_g \cdot \nu(y),
\end{equation}
we will use the following two equivalent expressions for \( h(t) \):
\begin{equation}
\begin{aligned}
 h(t) &= \frac{1}{|\Omega|} \int_{\Omega} u_g \cdot \nabla \omega(x, t) \, dx \\
 &= \frac{1}{|\Gamma|} \int_{\Gamma} \omega(y, t) \left( u_g \cdot \nu(y) \right) \, ds_y,
\end{aligned}
\end{equation}
where the second expression can be obtained by applying the divergence theorem to (16). We observe that the first expression uses values of the gradient of \( \omega \) inside the domain, while the second uses the values of \( \omega \) on the boundary. Each expression will have advantages depending on whether we use the eigenfunctions of the Laplace operator or layer potentials to represent \( \omega \).

3.1. Eigenfunctions representation. In this section, we provide expressions for \( D_{\text{eff}}^{u_g} \) obtained by using the eigenfunction representation for the solution of (17). The results are given below, and the proofs are provided in Appendix A.

**Theorem 3.1.** The effective diffusion coefficient in (15) is equal to the following expression:
\begin{equation}
D_{\text{eff}}^{u_g} = \sum_{n=1}^{\infty} \frac{(a_n)^2 D_0 \lambda_n}{|\Omega|} \int_{\Gamma} \int_{0}^{T_E} F(t) \left( \int_{0}^{t} e^{-D_0 \lambda_n (t-s)} f(s) \, ds \right) \, dt,
\end{equation}
where \( \phi_n(x) \) and \( \lambda_n \) are the \( L^2 \)-normalized eigenfunctions and eigenvalues associated to the Laplace operator with homogeneous Neumann boundary conditions,
\begin{equation}
\begin{aligned}
 &-\nabla D_0 \nabla \phi_n(x) = \lambda_n \phi_n(x), \quad x \in \Omega, \\
 &D_0 \nabla \phi_n(x) \cdot \nu(x) = 0, \quad x \in \Gamma,
\end{aligned}
\end{equation}
and the coefficients
\begin{equation}
\begin{aligned}
a_0 &= \frac{1}{\sqrt{|\Omega|}} \int_{\Omega} x \cdot u_g \, dx, \\
a_n &= \int_{\Omega} x \cdot u_g \phi_n(x) \, dx,
\end{aligned}
\end{equation}
are the first moments of the eigenfunctions in the \( u_g \) direction. We remark that this formula is the same as the one obtained with the matrix formalism in [9].

**Corollary 3.2.** For the PGSE sequence defined in (3), the following holds:
\begin{equation}
D_{\text{eff}}^{u_g} = \sum_{n=1}^{\infty} \frac{-(a_n)^2}{D_0 \lambda_n^2 \Delta^2 \left( \Delta - \frac{\delta}{3} \right)} \left[ e^{-D_0 \lambda_n (\Delta + \delta)} + e^{-D_0 \lambda_n (\Delta - \delta)} - 2 \left( D_0 \lambda_n \delta + e^{-D_0 \lambda_n \delta} + e^{-D_0 \lambda_n \Delta} - 1 \right) \right].
\end{equation}

We observe that, in the narrow pulse case defined in the introduction (i.e., \( \delta \ll \Delta \)), (22) reduces to
\begin{equation}
D_{\text{eff}}^{u_g} \approx \frac{\lambda}{\Delta} \left( \frac{a_0}{\lambda} \right)^2 \Delta 
\end{equation}
which confirms the well-known result that \( D_{\text{eff}}^{u_g} \) approaches its long time limit as \( O(1/\Delta) \) inside finite domains. In particular, for a 1D configuration of length \( L \), \( a_1 = \frac{L^2}{12} \), and for a reflecting cylinder of radius \( R \), \( a_1 = \frac{R^2}{4} \) (see [4, 9]).
3.2. Layer potential representation. The solution of a diffusion equation can be also represented using layer potentials (see, for example, [13], [36], [37], [38], [39]), which is a more efficient approach than using the eigenfunction representation at short diffusion times. In this light, we derived the following short time approximation using the single layer potential representation. The proof is given in Appendix B.

**Theorem 3.3.** For the PGSE sequence defined in (3), \( D_{\text{eff}}^{\text{fg}} \) has the following asymptotic expression:

\[
D_{\text{eff}}^{\text{fg}} = D_0 \left[ 1 - \frac{4}{35 \delta^2 (\Delta - \frac{\delta}{3})} \left( (\Delta + \delta)^{7/2} - 2 \left( \delta^{7/2} + \Delta^{7/2} \right) + (\Delta - \delta)^{7/2} \right) \right] + O \left( D_0 P_{\text{err}} \frac{\Delta^2}{\Delta - \frac{\delta}{3}} \right),
\]

where

\[
P = \frac{1}{|\Omega|} \int_{\Gamma} \left( \frac{4}{3\sqrt{\pi}} \sqrt{D_0} (u_g \cdot \nu(x))^2 \right) ds_x
\]

\[
P_{\text{err}} = -\frac{D_0}{4|\Omega|} \int_{\Gamma} k(x) (u_g \cdot \nu(x))^2 ds_x.
\]

We observe that, in the narrow pulse limit, \( \delta \ll \Delta \), the expression

\[
D_{\text{eff}}^{\text{fg}} = D_0 \left( 1 - \frac{4}{3\sqrt{\pi}} \int_{\Gamma} (u_g \cdot \nu)^2 ds_x \right) + O(D_0 P_{\text{err}} \Delta)
\]

reduces to the formula given in [1, 9, 27]. Hence, our new formula in (24) is a correction of the results in [1, 9, 27] because it takes into account the contribution of \( \delta \). This makes the new formula applicable for cases where the narrow pulse assumption \( \delta \ll \Delta \) does not hold. If \( \Omega \) is an isotropic domain, then

\[
\frac{\int_{\Gamma} (u_g \cdot \nu)^2 ds_x}{|\Omega|} = \frac{|\Gamma|}{d|\Omega|},
\]

which is the ratio of the surface area to the volume divided by the space dimension \( d \).

3.3. Mixed approximation. When the duration of the diffusion-encoding pulses are short but the delay between the pulses is not short (with respect to diffusion in \( \Omega \)), one can use the single layer potential representation during the pulses and the eigenfunction representation between the pulses. We state the following theorem, and the proof is given in Appendix C.

**Theorem 3.4.** For the PGSE sequence defined in (3), \( D_{\text{eff}}^{\text{fg}} \) has the following asymptotic expression:

\[
D_{\text{eff}}^{\text{fg}} = \frac{D_0 \delta}{6(\Delta - \frac{\delta}{3})} - \frac{8D_0^{3/2} \delta^{3/2}}{35\sqrt{\pi}|\Omega|(\Delta - \frac{\delta}{3})} \int_{\Gamma} (u_g \cdot \nu)^2 ds_x + \\
\sum_{n=1}^{\infty} -\frac{\delta(a_n)^2 + a_n b_n}{|\Omega| \delta^2 (\Delta - \frac{\delta}{3})} \left( \delta - \frac{e^{-\lambda_n D_0 \Delta} (1 - e^{\lambda_n D_0 \delta})}{\lambda_n D_0} \right) \\
+ O \left( \max \left\{ \frac{\delta^2}{(\Delta - \frac{\delta}{3})}, \frac{\delta(\Delta - \delta)}{(\Delta - \frac{\delta}{3})} \right\} \right),
\]
where

\begin{equation}
\label{eq:31}
b_0 = \frac{1}{|\Omega|} \int_{\Omega} \omega(x, \delta) dx, \quad b_n = \int_{\Omega} \omega(x, \delta) \phi_n(x) dx.
\end{equation}

We observe that in the narrow pulse limit, the expression in (30) reduces to

\begin{equation}
\label{eq:32}
D_{\text{eff}}^{\text{ave}} \approx \sum_{n=1}^{\infty} \frac{(\delta a_n - b_n)a_n}{|\Omega| \delta(\Delta - \frac{\delta}{3})} \left( 1 - e^{-\lambda_n D_0 \Delta} \right),
\end{equation}

which again tells us that \( D_{\text{eff}}^{\text{ave}} \) approaches its long time limit as \( O(1/\Delta) \) because \( b_n = O(\delta^{3/2}) \) for all \( n \geq 1 \) due to the maximum principle for heat equation applied to \( \omega(x, t) \) in the first pulse:

\begin{equation}
\label{eq:33}
\|\omega(x, t)\| \leq \|\omega(x^0, t)\| \approx O(t^{3/2}) \quad \forall x \in \Omega, x^0 \in \Gamma, t \in [0, \delta].
\end{equation}

4. Averaging \( D_{\text{eff}}^{\text{ave}} \) over multiple gradient directions. If we average the effective diffusion coefficient \( D_{\text{eff}}^{\text{ave}} \) over all the possible gradient directions \( \mathbf{u}_g \), we can obtain new formulas that are independent of the orientation of the biological cells. We define the orientationally averaged effective diffusion coefficient as

\begin{equation}
\label{eq:34}
D_{\text{ave}}^{\text{eff}} := \frac{\int_{S^{d-1}} D_{\text{eff}}^{\text{ave}} d\mathbf{u}}{\int_{S^{d-1}} d\mathbf{u}}
\end{equation}

and obtain the following theorem. The proof is in Appendix D.

**Theorem 4.1.** The averaged effective diffusion coefficient \( D_{\text{ave}}^{\text{eff}} \) has the following three expressions:

\begin{equation}
\label{eq:35}
D_{\text{ave}}^{\text{eff}} = \sum_{n=1}^{\infty} \frac{k_n}{D_0^2 \lambda_n 2\delta^2 (\Delta - \frac{\delta}{3})} \left[ e^{-D_0 \lambda_n (\Delta + \delta)} + e^{-D_0 \lambda_n (\Delta - \delta)} -2 \left( D_0 \lambda_n \delta + e^{-D_0 \lambda_n \delta} + e^{-D_0 \lambda_n \Delta} - 1 \right) \right]
\end{equation}

\begin{equation}
\label{eq:36}
D_{\text{ave}}^{\text{eff}} = D_0 - \frac{16}{35 \delta^2 (3\Delta - \delta)} \sqrt{\pi} \left[ (\Delta - \delta)^{7/2} + (\Delta + \delta)^{7/2} - 2 \left( \delta^{7/2} + \Delta^{7/2} \right) \right] \frac{|\Gamma|}{d|\Omega|} + O \left( \frac{\Delta^2}{\Delta - \frac{\delta}{3}} \right)
\end{equation}

and

\begin{equation}
\label{eq:37}
D_{\text{ave}}^{\text{eff}} = \frac{D_0 \delta}{6(\Delta - \frac{\delta}{3})} - \frac{8D_0^{3/2} \delta^{3/2}}{35 \sqrt{\pi} (\Delta - \frac{\delta}{3}) d|\Omega|} \sum_{n=1}^{\infty} \frac{\delta k_n + j_n}{\delta^2 (\Delta - \frac{\delta}{3})} \left( \delta - \frac{e^{-\lambda_n D_0 \Delta} (1 - e^{-\lambda_n D_0 \delta})}{\lambda_n D_0} \right) + O \left( \max \left\{ \frac{\delta^2}{(\Delta - \frac{\delta}{3}), (\Delta - \frac{\delta}{3})} \right\} \right)
\end{equation}
where

\[ k_n = \sum_{i=1}^{d} -\left(\frac{a_i}{d[\Omega]}\right)^2 = \sum_{i=1}^{d} -\frac{\left(\int_{\Omega} x \cdot u_g^i \phi_n(x) dx\right)^2}{d[\Omega]} \]

is the mean over any set of \(d\) orthogonal directions, \(u_g^1 \cdots u_g^d\), of the square of the first moment along those directions and

\[ j_n = \frac{\sum_{i=1}^{d} b_i a_i}{d[\Omega]} = \sum_{i=1}^{d} \left(\int_{\Omega} \omega_u u_g^i(x, \delta) \phi_n(x) dx\right) \frac{\left(\int_{\Omega} x \cdot u_g^i \phi_n(x) dx\right)}{d[\Omega]} \]

5. Numerical results. In this section we numerically validate the approximate formulas we derived in the previous sections. To compute the reference quantities, we solved the diffusion equation in (17) using the MATLAB PDEToolbox. The eigenvalues and eigenfunctions of the Laplace equation with Neumann boundary conditions were also computed with the same software. The convergence between the H-ADC model and the Bloch–Torrey equation was shown previously in [14].

First we show the three approximations of \(h(t)\). We consider a 2D geometry of one vertically oriented ellipse with semiaxes of 19 \(\mu m\) and 9 \(\mu m\). The intrinsic diffusion coefficient is set to \(D_0 = 1e^{-3}\text{mm}^2/s\), and we vary the values of \(\delta\), \(\Delta\), and \(u_g\). To compute the reference solution \(h(t)\), we solved the problem (17) on the finite element mesh shown in Figure 2. The eigenvalues and eigenfunctions are also computed on the same finite element mesh. The projections \(a_n\) and \(b_n\) are computed according the the formulas in (21) and (95).

For this particular geometry, the first four nonzero eigenvalues are

\[ \lambda_1 = 0.0097, \; \lambda_2 = 0.0325, \; \lambda_3 = 0.0383, \; \lambda_4 = 0.0644, \]

and their numerically calculated projections \(a_i\) are reported in Table 1.

Clearly, among the four eigenvalues, in the direction \(u_g = [1, 0]\), all but \(\lambda_3\) have negligible contribution, and in the direction \(u_g = [0, 1]\), all but \(\lambda_1\) have negligible contribution. We then consider only the one dominant eigenvalue in our approximations.

Fig. 2. Finite elements mesh of an ellipse with semiaxes of 19 \(\mu m\) and 9 \(\mu m\), oriented vertically along the \(y\)-axis.
Table 1

The first moments of the eigenfunction associated with the first four nonzero eigenvalues in the two directions $u_g = [1, 0]$ and $u_g = [0, 1]$.

<table>
<thead>
<tr>
<th>$u_g$</th>
<th>$\alpha_1$</th>
<th>$\alpha_2$</th>
<th>$\alpha_3$</th>
<th>$\alpha_4$</th>
</tr>
</thead>
<tbody>
<tr>
<td>$[1, 0]$</td>
<td>1.07e+6</td>
<td>1.75</td>
<td>-4.49</td>
<td>-5.58</td>
</tr>
<tr>
<td>$[0, 1]$</td>
<td>38.9</td>
<td>-25.7</td>
<td>-4.62e+19</td>
<td>-0.97</td>
</tr>
</tbody>
</table>

In Figures 3–5 we indicate the reference quantity with a line, the single layer approximation with squares, the eigenfunction approximation with circles, and the mixed approximation with asterisks.

In Figure 3 we considered $\delta = 5$ ms, $\Delta = 10$ ms, and $u_g = [1, 0]$. As we can see, the single layer approximation (squares) fits very well the reference quantity (continuous line) in all three time intervals. We also notice that the mixed approximation (asterisks) works sufficiently well during the two pulses but not between them. For the eigenfunctions approximation, the fit is far from the reference quantity.

In Figure 4 we considered $\delta = 5$ ms, $\Delta = 50$ ms, and $u_g = [1, 0]$. As we can see, the single layer approximation fits well the reference quantity during the first
Fig. 5. $D_{eff}$ with respect to two different gradient directions as well as $D_{ave}$, the average over both direction, compared to approximations using the three different formulas, for an ellipse of semiaxes 19 µm and 9 µm. Intrinsic diffusion coefficients $D_0 = 1 \times 10^{-3} \text{mm}^2/\text{s}$, pulses duration $\delta = 5$ ms, and 30 different values of the time delay between pulses in the interval $[8, 100]$ ms.

pulse and until $t \approx 25$ ms, but after that, the approximation is no longer good. The eigenfunction approximation is not good during the pulses, but it becomes accurate at the end of the interval between them. The mixed approximation fits well during the pulses and is the same as the eigenfunction approximation between the pulses.

In Figure 5(a) and (b) we show the behavior of $D_{eff}$ computed for two different directions of the gradient ($u_g = [1,0]$ and $u_g = [0,1]$) but the same parameters
Fig. 6. Top: the absolute error $|D_{\text{eff}} - D_{\text{approx}}|$ of the eigenfunction formula using only the first dominant eigenvalue follows the asymptotic behavior $O(\frac{1}{\Delta})$ in the long time regime. The error estimate from adding the contributions of the next dominant 36 eigenvalues is also included. Bottom: in the short time regime, the error of the potential formula follows the asymptotic behavior $O(\frac{\Delta^2}{\Delta + \delta/3})$. The best linear fit line is included in both figures. The simulations were performed in two different gradient directions for an ellipse with semiaxes diameters 19 $\mu$m and 9 $\mu$m, the intrinsic diffusion coefficient is $D_0 = 1 \times 10^{-3} \text{mm}^2/\text{s}$, and 15 different values $\delta$ and $\Delta$ in the interval $[8, 100]$ ms were used.

($\delta = 5$ ms and 30 different values of $\Delta$ equally distributed in the interval $[8, 100]$ ms).

In Figure 5c we show the average of $D_{\text{ave}}/D_0$ along the two perpendicular directions. Clearly, the single layer formula works well for at short $\Delta + \delta$ and the eigenfunctions formula for long $\Delta + \delta$.

To conclude, in Figure 6 we report the absolute error

$|D_{\text{eff}} - D_{\text{approx}}|$
for the same parameters as before in the two orthogonal directions. As we can see, the absolute error of the eigenfunction formula using only the first dominant eigenvalue follows the asymptotic behavior $O(\frac{1}{\lambda})$ in the long time regime and is close to the error estimate provided by adding the contributions of the next dominant 36 eigenvalues. In the short time regime, the error of the potential formula follows the asymptotic behavior $O(\frac{1}{\sqrt{\lambda_n}})$. Both results are as expected from the error analysis provided in the previous sections.

6. Conclusions. Diffusion magnetic resonance imaging can be used to measure a time- and direction-dependent effective diffusion coefficient which can in turn reveal information about the tissue microstructure. Recently, a new mathematical model for the effective diffusion coefficient, the H-ADC model, was obtained using homogenization techniques after imposing a certain scaling relationship between the physical parameters. The resulting model depends on the solution of a diffusion equation subject to time-dependent Neumann boundary conditions.

In this paper, we analyzed the H-ADC model in the case of finite subdomains. In particular, we obtained three representations of the effective diffusion coefficient that are appropriate in different diffusion time regimes. In the short time regime, we proposed using a representation based on the single layer potential. In the long time regime when the pulse duration is not short, we proposed using a representation based on the single layer potential. In the long time regime when the pulse duration is short, we proposed a representation that combines the single layer potential during the pulses with the eigenfunction expansion between the pulses. In particular, in the short time regime, our representation corrects an existing formula by correctly accounting for the pulse duration. Our work helps to make more precise how parameters of the tissue microstructure, such as the surface-to-volume ratio or the dominant eigenvalue and its projection, affect the effective diffusion coefficient.


Proof. Writing $\omega$, which solves the problem (17), as the sum
\begin{equation}
\omega(x, t) = \tilde{\omega}(x, t) + F(t) \cdot x, \quad x \in \Omega, \quad t \in [0, TE],
\end{equation}
where $\tilde{\omega}(x, t)$ satisfied the following diffusion equation with a forcing term and homogeneous boundary condition,
\begin{align}
\frac{\partial}{\partial t} \tilde{\omega}(x, t) - \nabla (D_0 \nabla \tilde{\omega}(x, t)) &= -f(t) \cdot x, \quad x \in \Omega, \quad t \in [0, TE] \\
D_0 \nabla \tilde{\omega}(x, t) \cdot \nu(x) &= 0, \quad x \in \Gamma, \quad t \in [0, TE] \\
\tilde{\omega}(x, t) &= 0, \quad x \in \Omega
\end{align}
it is well-known that $\tilde{\omega}(x, t)$ can be expanded in the basis of Laplace eigenfunctions. Let $\phi_n(x)$ and $\lambda_n$ be the $L^2$ normalized eigenfunctions and eigenvalues associated to the Laplace operator with homogeneous Neumann boundary conditions:
\begin{align}
-\nabla D_0 (\nabla \phi_n(x)) &= \lambda_n \phi_n(x), \quad x \in \Omega, \\
D_0 \nabla \phi_n(x) \cdot \nu(x) &= 0, \quad x \in \Gamma.
\end{align}
We can write $\tilde{\omega}(x, t)$ in the basis of the eigenfunctions as
\begin{equation}
\tilde{\omega}(x, t) = -a_0 \phi_0(x) F(t) + \sum_{n=1}^{\infty} (-a_n) \phi_n(x) \int_0^t e^{-D_0 \lambda_n (t-s)} f(s) ds,
\end{equation}
and the coefficients

\begin{align}
a_0 &= \frac{1}{\sqrt{|\Omega|}} \int_{\Omega} x \cdot u_g dx, \quad a_n = \int_{\Omega} x \cdot u_g \phi_n(x) dx,
\end{align}

are the first moments of the eigenfunctions in the $u_g$ direction.

Using the above decomposition of $\mathring{\phi}(x,t)$, the solution $\phi(x,t)$ of the problem (17) can be written as

\begin{align}
\phi(x,t) &= \left( x \cdot u_g - \frac{1}{\sqrt{|\Omega|}} a_0 \right) F(t) + \sum_{n=1}^{\infty} (-a_n) \phi_n(x) \int_{0}^{t} e^{-D_0 \lambda_n (t-s)} f(s) ds.
\end{align}

Using the following property of the eigenfunctions

\begin{align}
\int_{\Omega} \phi_n(x) dx = \begin{cases} \sqrt{|\Omega|}, & n = 0 \\ 0, & n \geq 1 \end{cases}
\end{align}

and the divergence theorem

\begin{align}
\int_{\Omega} \lambda_n \phi_n(u_g \cdot x) dx = \int_{\Omega} \nabla \phi_n(x) \cdot u_g dx - \int_{\Gamma} D_0 \nabla \phi_n(x) \cdot \nu u_g ds_x = \int_{\Omega} \nabla \phi_n(x) \cdot u_g dx,
\end{align}

we can write $h(t)$ in (16) as

\begin{align}
h(t) &= F(t) + \sum_{n=1}^{\infty} \frac{(a_n)^2 \lambda_n}{|\Omega|} \int_{0}^{t} e^{-D_0 \lambda_n (t-s)} f(s) ds.
\end{align}

This leads to the final formula of the effective diffusion coefficient in (20). \qed

Proof of Corollary 3.2.

Proof. Using the different definition of $f(t)$ in the three intervals of time $[0, \delta]$, $[\delta, \Delta]$, and $[\Delta, \Delta + \delta]$, we can rewrite (15) by separating the contribution of each of the three intervals as

\begin{align}
D_{eff}^{u_g} = D_0 - \left( D_0 \int_{0}^{\delta} \frac{h(t)}{A} dt + D_0 \int_{\delta}^{\Delta} \frac{h(t)}{A} dt + D_0 \int_{\Delta}^{\Delta+\delta} \frac{h(t)}{A} (\Delta + \delta - t) dt \right),
\end{align}

where

\begin{align}
A = \int_{0}^{TE} F^2(t) dt = \delta^2 \left( \Delta - \frac{\delta}{3} \right).
\end{align}

Carrying out the calculations, we obtain that in the first pulse

\begin{align}
I &= \frac{D_0 \delta^3}{3A} + \frac{1}{|\Omega|A} \sum_{n=1}^{\infty} (a_n)^2 \left( -\frac{\delta^2}{2} - \frac{\delta e^{-D_0 \lambda_n \delta}}{D_0 \lambda_n} - e^{-D_0 \lambda_n \delta} - \frac{1}{(D_0 \lambda_n)^2} \right),
\end{align}

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between the pulses

\( II = \frac{D_0 \delta^2 (\Delta - \delta)}{A} + \frac{1}{|\Omega|A} \sum_{n=1}^{\infty} \frac{-\delta(a_n)^2}{D_0 \lambda_n} \left( e^{-D_0 \lambda_n \Delta} - e^{-D_0 \lambda_n (\Delta - \delta)} - e^{-D_0 \lambda_n \delta} + 1 \right), \)

and in the second pulse

\( III = \frac{D_0 \delta^3}{3A} + \frac{\sum_{n=1}^{\infty} -\delta(a_n)^2}{D_0 \lambda_n A|\Omega|} \left( \delta - \frac{\delta^2 D_0 \lambda_n}{2} - \delta e^{-D_0 \lambda_n \Delta} + \delta e^{-D_0 \lambda_n (\Delta - \delta)} + \frac{2e^{-D_0 \lambda_n \Delta} - 1 + e^{-D_0 \lambda_n \delta} - e^{-D_0 \lambda_n (\Delta + \delta)} - e^{-D_0 \lambda_n (\Delta - \delta)}}{D_0 \lambda_n} \right). \)

Finally, by adding the contribution of \( I, II, \) and \( III \) above according to (50), we obtain (22).

**Appendix B. Layer potential approximation.** Proof of Theorem 3.3.

**Proof.** Since the PDE in (17) has a Neumann boundary condition, we choose to represent the solution \( \omega(x, t) \) as a single layer potential with a density \( \mu \) defined on \( \Gamma \). In other words, \( \omega(x, t) = S[\mu](x, t) \) with

\( S[\mu](x, t) = \int_0^t \int_{\Gamma} D_0 G(x - y, t - \tau) \mu(y, \tau) ds_y d\tau, \)

where \( G(x, t) \) is the fundamental solution of the heat equation in free space given by

\( G(x, t) = (4\pi D_0 t)^{-d/2} \exp \left( \frac{-|x|^2}{4D_0 t} \right) \)

and \( d \) is the space dimension. At short times, there is an unavoidable square root singularity in \( t \) in the single layer potential; therefore, in what follows, we separate out the integrand in (55) in the following way:

\( S[\mu](x, t) = \int_0^t \frac{1}{\sqrt{4D_0 \pi (t - \tau)}} B_S[\mu](x, t, \tau) d\tau, \)

where

\( B_S[\mu](x, t, \tau) := \int_{\Gamma} D_0 \sqrt{4D_0 \pi (t - \tau)} G(x - y, t - \tau) \mu(y, \tau) ds_y \)

is analytic in time if \( \mu \) is. The single layer potential satisfies

\( \frac{\partial}{\partial t} S[\mu](x, t) - \nabla (D_0 \nabla S[\mu](x, t)) = 0, \quad x \in \Omega, t \in [0, TE] \)

\( S[\mu](x, 0) = 0, \quad x \in \Omega. \)

Then the density \( \mu \) is chosen to be a causal function and is determined by imposing the Neumann boundary conditions:

\( \lim_{x \to x^0 \in \Gamma} D_0 \nabla S[\mu](x, t) \cdot \nu(x) = \beta(x^0, t), \quad x^0 \in \Gamma, t \in [0, TE], \)
where $\beta(x^0, t)$ is defined in (18). Using the jump properties of the traces of double layer potentials, the integral equation to be solved for $\mu$ is then the following:

$$\frac{D_0}{2} \mu(x^0, t) + D_0 K^* [\mu](x^0, t) = \beta(x^0, t), \quad x^0 \in \Gamma, t \in [0, TE], \tag{61}$$

where

$$K^* [\mu](x^0, t) = \int_0^t \frac{1}{\sqrt{4\pi D_0(t - \tau)}} B_K [\mu](x^0, t, \tau) d\tau, \tag{62}$$

with

$$B_K [\mu](x^0, t, \tau) \equiv \int_{\Gamma} \frac{-2(x^0 - y) \cdot \nu(y)}{4D_0(t - \tau)} D_0 \sqrt{4\pi D_0(t - \tau)} G(x^0 - y, t - \tau) \mu(y, \tau) ds_y \tag{63}$$

being analytic in time if $\mu$ is.

To compute $h(t)$ from (19), we only need to evaluate $\omega(x^0, t) = S[\mu](x^0, t)$ on the boundary $\Gamma$. We write the density $\mu$ as the solution of (61),

$$\mu(x^0, t) = \frac{2}{D_0} (1 + 2K^*)^{-1} \beta(x^0, t), \quad x^0 \in \Gamma, t \in [0, TE], \tag{64}$$

and expand the operator $(1 + 2K^*)^{-1}$ for short time $t$ (corresponding with $2K^*$ being a contraction) as

$$\mu(x^0, t) = \frac{2}{D_0} (1 - 2K^* + 4(K^*)^2 + \cdots) \beta(x^0, t) \tag{65}$$

to obtain

$$\mu(x^0, t) = \frac{2}{D_0} \beta(x^0, t) - \frac{4}{D_0} K^* [\beta](x^0, t) + \text{higher-order terms}. \tag{66}$$

This means in particular that

$$S[\mu](x^0, t) = S \left[ \frac{2}{D_0} \beta \right](x^0, t) + S \left[ -\frac{4}{D_0} K^* [\beta] \right](x^0, t) \tag{67}$$

+ higher-order terms.

We will now compute the first term on the right-hand side of the above equation to get an approximate expression for $\omega(x^0, t) = S[\mu](x^0, t)$, and we will compute the second term to get an expression for the error.

We note here that asymptotic results for small values of $(t - \tau)$ concerning $B_S[\mu]$ and $B_K[\mu]$ for a density $\mu$ that has a Taylor expansion in both the space and the time variables have been obtained in [12, 24], but only in two dimensions. However, we expect that the generalization to three dimensions should be straightforward. In particular, the curvature term and higher-order spatial derivatives need to be generalized to analogous quantities in three dimensions.

Here, we summarize the results derived in [12, 24] for two dimensions. Suppose a local parametrization for $\Gamma$ around $x^0$ of the form

$$\Gamma = \{(s, y(s)), s = -\infty \cdots \infty\}.$$
having translated and rotated the $x$- and $y$-axes so that the origin is at $x^0$ and the
tangent of $\Gamma$ at $x^0$ is parallel to the $x$-axis, with the end points extended to $\pm \infty$
because such an approximation facilitates the computation of the integrals and the
resulting error is exponentially small. Let $y(s)$ be oriented counterclockwise, with
the following expansion in terms of the curvilinear abscissa $s$:

$$y(s) = \frac{1}{2} \gamma_{ss} s^2 + \frac{1}{6} \gamma_{sss} s^3 + \frac{1}{24} \gamma_{ssss} s^4 + \cdots.$$  \hfill (68)

For the operator $S$, it was shown in [12, 24] that

$$B_S[\mu](x^0, t, \tau) = \mu(x^0, t) + \left( \frac{\gamma_{ss}(x^0)\mu(x^0, t) + \mu_t(x^0, t) - \mu_{ss}(x^0, t)}{4} \right) (t - \tau) + O\left( (t - \tau)^2 \right),$$  \hfill (69)

and for the operator $K^*$, it was shown that,

$$B_K[\mu](x^0, t, \tau) = \frac{\gamma_{ss}(x^0)}{2} \mu(x^0, t) + \frac{1}{8} \left[ 16 \gamma_{sss}(x^0) \mu_s(x^0, t) + 12 \gamma_{ss}(x^0) \mu_{ss}(x^0, t) \
+ 4 \gamma_{ss}(x^0) \mu_t(x^0, t) + (6 \gamma_{ssss}(x^0) - 15 \gamma_{ss}(x^0)^3) \mu(x^0, t) \right] (t - \tau) + O\left( (t - \tau)^2 \right).$$  \hfill (70)

Specifically $\gamma_{ss}$ is the curvature of $\Gamma$ at the point $x^0$, and in what follows we will
indicate it as $k(x^0)$. In three dimensions, it should be easy to see that the constant
term in $B_S[\mu](x^0, t, \tau)$ would not change and that the constant term in $B_K[\mu](x^0, t, \tau)$
would contain spatial derivatives on a 2D manifold.

For the PGSE sequence, $\beta(x^0, t)$ assumes the following three expressions in the
three time intervals:

$$\beta(x^0, t) = D_0 u_k \cdot \nu(x^0) \begin{cases} 
\quad 0 < t \leq \delta, \\
\quad \delta < t \leq \Delta, \\
\quad \Delta + \delta - t \quad \Delta < t \leq \Delta + \delta.
\end{cases}$$  \hfill (71)

First, using the definition (57) and the result (69), we obtain

$$S \left[ \frac{2}{D_0} \beta \right](x^0, t) = \frac{4(D_0)^{1/2}}{3\sqrt{\pi}} u_k \cdot \nu(x^0) \begin{cases} 
\frac{t^{3/2}}{2} & \text{if } 0 < t \leq \delta, \\
\frac{t^{3/2} - (t - \delta)^{3/2}}{2} & \text{if } \delta < t \leq \Delta, \\
\frac{t^{3/2} - (t - \delta)^{3/2} - (t - \Delta)^{3/2}}{2} & \text{if } \Delta < t \leq \Delta + \delta.
\end{cases}$$  \hfill (72)

Similarly, using the definition (62) and the result (70), we obtain

$$K^*[\beta](x^0, t) = \alpha_1(x_0)\alpha_2(t) + O(\alpha_3(t)), \hfill (73)$$
where
\[
\alpha_1(x_0) = \frac{(D_0)^{3/2}k(x_0)}{3\sqrt{\pi}} (u_g \cdot \nu(x_0)),
\]
\[
\alpha_2(t) = \begin{cases} 
    t^{3/2} & \text{if } 0 < t \leq \delta, \\
    t^{3/2} - (t - \delta)^{3/2} & \text{if } \delta < t \leq \Delta, \\
    t^{3/2} - (t - \delta)^{3/2} - (t - \Delta)^{3/2} & \text{if } \Delta < t \leq \Delta + \delta,
\end{cases}
\]
\[
\alpha_3(t) = \begin{cases} 
    t^{5/2} & \text{if } 0 < t \leq \delta, \\
    t^{5/2} - (t - \delta)^{5/2} & \text{if } \delta < t \leq \Delta, \\
    t^{5/2} - (t - \delta)^{5/2} - (t - \Delta)^{5/2} & \text{if } \Delta < t \leq \Delta + \delta.
\end{cases}
\]

To compute \(S[-\frac{4}{\pi\Delta_0}K^*[\beta]](x^0, t)\), we first observe that \(S[-\frac{4}{\pi\Delta_0}K^*[\beta]](x^0, t) = -\frac{1}{\Delta_0^2}S[K^*[\beta]](x^0, t)\). Moreover, to compute \(S[K^*[\beta]](x^0, t)\), we cannot use the result (69) because \(\alpha_2\) and \(\alpha_3\) do not have a Taylor expansion in \(t\). Following the idea in [12], we explicitly compute the lowest-order terms of \(S[K^*[\beta]](x^0, t)\) in two dimensions by
\[
(75) \quad S[K^*[\beta]](x_0, t) = \int_{-\infty}^{t} \frac{1}{\sqrt{4\pi D_0(t - \tau)}} B_S[K^*[\beta]](x_0, t, \tau) d\tau,
\]
where
\[
B_S[K^*[\beta]](x_0, t, \tau) = \int_{-\infty}^{+\infty} D_0 e^{-\frac{2 + y(\tau\tau')}{4\pi D_0(t - \tau)}} (\alpha_1(s)\alpha_2(\tau) + O(\alpha_3(\tau))) \sqrt{1 + (y'(\tau))^2} ds.
\]

Note for simplicity that we replaced \(\alpha_1(x_0)\) by \(\alpha_1(s)\) to indicate the local parametrization of \(\Gamma\) around \(x_0\), as described previously.

To compute the above spatial integral, we note the dominant contribution of the Gaussian \(e^{-\frac{2 + y(\tau\tau')}{4\pi D_0(t - \tau)}}\) and make the change of variables \(r = \frac{x}{\sqrt{4D_0(t - \tau)}}\) to obtain
\[
B_S[K^*[\beta]](x_0, t, \tau) = \int_{-\infty}^{+\infty} D_0 e^{-r^2} e^{-\frac{x^2}{4D_0(t - \tau)}} \left(\alpha_1(rv)\alpha_2 \left(t - \frac{v^2}{4D_0}\right) + O\left(\alpha_3 \left(t - \frac{v^2}{4D_0}\right)\right)\right) \sqrt{1 + (y'(rv))^2} dr,
\]
where \(v = \sqrt{4D_0(t - \tau)}\). We would like an asymptotic expansion of the above integral in \(v\). We note \(y(rv) = \frac{1}{2}k(x_0)r^2v^2 + O(r^3v^3)\) and \(\alpha_1(0) = \frac{(D_0)^{3/2}k(x_0)}{3\sqrt{\pi}} (u_g \cdot \nu(x_0))\).

The order \(O(v)\) term only occurs in \(\alpha_1\), and we do not need to take it into account due to the antisymmetry of \(e^{-r^2}r\). So we compute the space integral to obtain
\[
= \int_{-\infty}^{+\infty} D_0 e^{-r^2} \left(\alpha_1(0) + O(r^2v^2)\right) \alpha_2 \left(t - \frac{v^2}{4D_0}\right) + O\left(\alpha_3 \left(t - \frac{v^2}{4D_0}\right)\right) dr
= \alpha_2 \left(t - \frac{v^2}{4D_0}\right) \left(D_0\alpha_1(0) + O(v^2)\right) + O\left(\alpha_3 \left(t - \frac{v^2}{4D_0}\right)\right).
\]

We now take the above expression and put it into the time integral to get \(S[K^*[\beta]](x_0, t)\):
Using the following property of the beta function (the Euler integral of the first kind),

\[
\int_0^t (t - \tau)^w \tau^p d\tau = t^{p+w+1} \frac{\Gamma(p+1)\Gamma(w+1)}{\Gamma(w+p+2)},
\]

we can compute \( \int_0^t \frac{1}{\sqrt{4\pi D_0(t - \tau)}} \left( \alpha_2(\tau) (D_0 \alpha_1(0) + O(t - \tau)) + O(\alpha_3(\tau)) \right) d\tau \).

Therefore, the dominant asymptotic terms are

\[
\int_0^t \frac{1}{\sqrt{t - \tau}} \alpha_2(\tau) d\tau = \frac{3\pi}{8} t^2,
\]

\[
\int_0^t \frac{\tau^2}{\sqrt{t - \tau}} d\tau + \int_\delta^t \frac{\tau^2 - (\tau - \delta)^2}{\sqrt{t - \tau}} d\tau = \frac{3\pi}{8} (t^2 - (t - \delta)^2)
\]

\[
= 3\pi (t^2 - (t - \delta)^2 - (t - \Delta)^2).
\]

Therefore, the dominant asymptotic terms are

\[
S \left[ -\frac{4}{D_0} K^*[\beta] \right](x^0, t) = -\frac{4}{D_0} \frac{D_0^2}{16} k(x^0)(u_g \cdot \nu(x^0)) \begin{cases} t^2 - (t - \delta)^2 \\ t^2 - (t - \delta)^2 - (t - \Delta)^2 \end{cases}
+ O \begin{cases} (t^3) \\ (t^3 - (t - \delta)^3) \\ (t^3 - (t - \delta)^3 - (t - \Delta)^3) \end{cases}
\]

where we computed the error term by evaluating \( \int_0^t \frac{1}{\sqrt{t - \tau}} \alpha_2(\tau)(t - \tau) d\tau \) and \( \int_0^t \frac{1}{\sqrt{(t - \tau)}} \alpha_3(\tau) d\tau \), again using property of the beta function. Namely, for \( \int_0^t \frac{1}{\sqrt{(t - \tau)}} \alpha_2(\tau)(t - \tau) d\tau \), we have

\[
\int_0^t \frac{\tau^2}{\sqrt{t - \tau}} (t - \tau) d\tau = \frac{\pi}{16} t^3,
\]

\[
\int_0^\delta \frac{\tau^2}{\sqrt{t - \tau}} (t - \tau) d\tau + \int_\delta^t \frac{\tau^2 - (\tau - \delta)^2}{\sqrt{t - \tau}} (t - \tau) d\tau = \frac{\pi}{16} (t^3 - (t - \delta)^3)
\]

\[
= \frac{\pi}{16} (t^3 - (t - \delta)^3 - (t - \Delta)^3).
\]
For $\int_0^t \frac{1}{\sqrt{t-\tau}} \alpha_3(\tau) d\tau$, we have

\[
\int_0^t \frac{\tau^2}{\sqrt{t-\tau}} d\tau = \frac{5\pi}{16} t^3,
\]

\[
\int_0^\delta \frac{\tau^2}{\sqrt{t-\tau}} d\tau + \int_0^t \frac{\tau^2 - (\tau-\delta)^2}{\sqrt{t-\tau}} d\tau = \frac{5\pi}{16} (t^3 - (t-\delta)^3)
\]

\[
\int_0^\delta \frac{\tau^2}{\sqrt{t-\tau}} d\tau + \int_\delta^\Delta \frac{\tau^2 - (\tau-\delta)^2 - (\tau-\Delta)^2}{\sqrt{t-\tau}} d\tau = \frac{5\pi}{16} (t^3 - (t-\delta)^3 - (t-\Delta)^3).
\]

Replacing the various expressions in (67) with the calculations we did above, we obtain the approximation with the error bound:

\[
S[\mu](x^0, t) = \frac{4(D_0)^{1/2}}{3\sqrt{\pi}} u_g \cdot \nu(x^0) \left\{ \begin{array}{l}
t^{3/2} \\
t^{3/2} - (t-\delta)^{3/2} \\
t^{3/2} - (t-\delta)^{3/2} - (t-\Delta)^{3/2}
\end{array} \right. 
\]

\[
\frac{D_0}{16} k(x^0)(u_g \cdot \nu(x^0)) \left\{ \begin{array}{l}
t^2 \\
t - (t-\delta)^2 \\
t^2 - (t-\delta)^2 - (t-\Delta)^2
\end{array} \right. + \text{higher-order terms}
\]

(81)

Now using (81), we compute the approximate expressions of $h(t)$ in each time interval with the corresponding errors in time.

In the first interval, we obtain

\[
h(t) = \frac{1}{|\Omega|} \int_\Gamma \omega(x, t)(u_g \cdot \nu(x)) d\sigma_x = P t^{3/2} + O(P_{\text{err}} t^2),
\]

(82)

where

\[
P = \frac{1}{|\Omega|} \int_\Gamma \left( \frac{4}{3\sqrt{\pi}} \sqrt{D_0(u_g \cdot \nu(x))^2} \right) d\sigma_x
\]

(83)

\[
P_{\text{err}} = \frac{D_0}{4|\Omega|} \int_\Gamma k(x)(u_g \cdot \nu(x))^2 d\sigma_x
\]

(84)

and

\[
I = \frac{D_0}{\delta^2 (\Delta - \frac{\delta}{3})} \int_0^\delta t h(t) dt = \frac{2D_0 P}{7 (\Delta - \frac{\delta}{3})} \delta^{7/2} + O\left( \frac{D_0 P_{\text{err}}}{4 (\Delta - \frac{\delta}{3})} \frac{\delta^2}{(\Delta - \frac{\delta}{3})^2} \right).
\]

(85)

Between the pulses, we obtain

\[
h(t) = \frac{1}{|\Omega|} \int_\Gamma \omega(x, t)(u_g \cdot \nu(x)) d\sigma_x = P \left( t^{3/2} - (t-\delta)^{3/2} \right) + O(P_{\text{err}} (t^2 - (t-\delta)^2))
\]

and

\[
II = \frac{D_0}{\delta^2 (\Delta - \frac{\delta}{3})} \int_\delta^\Delta \delta h(t) dt = -\frac{2D_0 P}{5} \left( \frac{\delta^{7/2} - \Delta^{5/2}\delta + (\Delta - \delta)^{5/2}\delta}{\delta^2 (\Delta - \frac{\delta}{3})} \right)
\]

\[
+ O\left( \frac{D_0 P_{\text{err}}}{\Delta} \left( \frac{\Delta^2 - \delta \Delta}{\Delta - \frac{\delta}{3}} \right) \right).
\]

(87)
During the second pulse, we find
\[
h(t) = \frac{1}{|Ω|} \int_Ω \omega(x, t) (u_\mathbf{g} \cdot ν(x)) \, dx = P \left( t^{3/2} - (t - δ)^{3/2} - (t - Δ)^{3/2} \right) + O \left( P_{\text{err}} (t^2 - (t - δ)^2 - (t - Δ)^2) \right)
\]  \hspace{1cm} (88)

and
\[
III = \frac{D_0}{\delta^2 (Δ - \frac{δ}{3})} \int_Δ^{Δ + \delta} (Δ + \delta - t) \, h(t) \, dt
\]
\[
= \frac{2}{35} \frac{D_0 P}{\delta^2 (Δ - \frac{δ}{3})} \left( (2Δ^3 + Δ^2 δ - 8Δ δ^2 + 5δ^3) \sqrt{Δ - δ} + 2 (Δ + δ)^{7/2} - 4Δ^{7/2} - 7Δ^{5/2} δ - 2δ^{7/2} \right) + O \left( D_0 P_{\text{err}} \left( \frac{Δ δ - \frac{1}{2} Δ^2}{Δ - \frac{δ}{3}} \right) \right) \ .
\]  \hspace{1cm} (89)

Finally, adding up the above expressions according to the expansion (50), we obtain the expression in (24).  

\[ \Box \]

**Appendix C. Mixed approximation.** Proof of Theorem 3.4.

**Proof.** In the first pulse, \( t \in [0, δ] \), we have the same results as in the previous section, namely,
\[
I = \frac{8}{214\pi|Ω|} D_0^{3/2} δ^{7/2} \int_Ω (u_\mathbf{g} \cdot ν)^2 \, dx + O \left( \frac{δ^2}{(Δ - \frac{δ}{3})^3} \right) .
\]  \hspace{1cm} (90)

Between the pulses, \( t \in [δ, Δ] \), the Neumann boundary condition in (18) is
\[
D_0 \nabla \omega(x, t) \cdot ν = D_0 δ u_\mathbf{g} \cdot ν \quad \text{on} \quad Γ \times [δ, Δ],
\]  \hspace{1cm} (91)

and the initial condition is
\[
ω(x, δ) = S [2δ u_\mathbf{g} \cdot ν] (x, t) + O(δ^2), \quad \text{in} \quad Ω.
\]  \hspace{1cm} (92)

We observe that the function \( \overline{ω}(x, t) = ω(x, t) - δ x \cdot u_\mathbf{g} \) satisfies homogeneous Neumann boundary condition and the initial condition
\[
\overline{ω}(x, δ) = S [(2δ u_\mathbf{g} \cdot ν)] (x, δ) - δ x \cdot u_\mathbf{g} .
\]  \hspace{1cm} (93)

This means that
\[
\overline{ω}(x, t) = c_0 + \sum_{n=1}^{∞} c_n e^{-λ_n t} D_0 (t - δ) φ_n(x),
\]  \hspace{1cm} (94)

where
\[
c_0 = -δ a_0 + b_0 = -\frac{δ}{|Ω|} \int_Ω x \cdot u_\mathbf{g} \, dx + \frac{1}{|Ω|} \int_Ω ω(x, δ) \, dx
\]  \hspace{1cm} (95)
\[
c_n = -δ a_n + b_n = -δ \int_Ω x \cdot u_\mathbf{g} φ_n(x) \, dx + \int_Ω ω(x, δ) φ_n(x) \, dx
\]  \hspace{1cm} (96)
with again $\phi_n$ and $\lambda_n$ the Neumann eigenfunctions and eigenvalues associated to the Laplace operator ($n = 1, 2, \ldots$). Thus, for $t \in [\delta, \Delta]$,

$$\omega(x, t) = c_0 + \sum_{n=1}^{\infty} c_n e^{-\lambda_n D_0 (t-\delta)} \phi_n(x) + \delta x \cdot u_g + O(\delta^2)$$

and

$$h(t) = \frac{\delta}{A} \sum_{n=1}^{\infty} c_n a_n e^{-\lambda_n D_0 (t-\delta)} + \delta + O \left( \frac{\delta^2}{A} \right)$$

and

$$II = \frac{1}{A} \sum_{n=1}^{\infty} \frac{c_n a_n}{|\Omega|} \left( 1 - e^{-\lambda_n D_0 (\Delta-\delta)} \right) + \frac{D_0 \delta^2 (\Delta - \delta)}{A} + O \left( \frac{\delta (\Delta - \delta)}{\Delta - \frac{\delta}{3}} \right).$$

During the second pulse, $t \in [\Delta, \Delta + \delta]$, we keep the solution from the previous interval in (97) which satisfies homogeneous boundary conditions and just add a single layer potential to match the Neumann boundary condition. We obtain

$$\omega(x, t) = c_0 + \sum_{n=1}^{\infty} c_n e^{-\lambda_n D_0 (t-\delta)} \phi_n(x) + \delta x \cdot u_g$$

$$+ S [(-2 \tau u_g \cdot \nu)] (x, t - \Delta) + O((t - \Delta)^2),$$

where $t \in [\Delta, \Delta + \delta]$. The density in the single layer potential is now $-2 \tau u_g \cdot \nu$ with $\tau \in [0, \delta]$ from a shift in time $\tau = t - \Delta$. Similar reasoning as in the previous sections gives

$$S [(-2 \tau u_g \cdot \nu)] (x, t - \Delta) = -\frac{4}{3\sqrt{\pi |\Omega|}} \sqrt{D_0} (t - \Delta)^{3/2} \int_{\Gamma} (u_g \cdot \nu) + O((t - \Delta)^{5/2}),$$

which leads to

$$h(t) = \frac{\delta}{A} \sum_{n=1}^{\infty} \frac{c_n a_n}{|\Omega|} e^{-\lambda_n D_0 (t-\delta)} \lambda_n a_n - \frac{4}{3\sqrt{\pi |\Omega|}} \sqrt{D_0} (t - \Delta)^{3/2} \int_{\Gamma} (u_g \cdot \nu)^2 ds_x$$

$$+ \delta + O \left( \frac{(t - \Delta)^2}{A} \right)$$

and

$$III = \frac{D_0}{2A} \delta^3 + \frac{\delta}{A} \sum_{n=1}^{\infty} \frac{c_n a_n}{D_0 \lambda_n A |\Omega|} e^{-\lambda_n D_0 (\Delta-\delta)} - \frac{16}{105 \sqrt{\pi A |\Omega|}} D_0^{3/2} \left( \int_{\Gamma} (u_g \cdot \nu)^2 ds_x \right) \delta^{7/2} + O \left( \frac{\delta^2}{(\Delta - \frac{\delta}{3})} \right).$$

By adding up the above expressions, the effective diffusion coefficient assumes the form in (30).

**Appendix D. Averaging $D_{eff}$ over multiple gradient directions.** Proof of Theorem 4.1.
Proof. We recall that
\begin{equation}
D_{\text{eff}}^{\text{u}_g} = D_0 - \frac{D_0}{A[\Omega]} \int_0^T E \int_{\Omega} \mathbf{u}_g \cdot \nabla \mathbf{u}_g(x,t) dx dt,
\end{equation}
where \( \mathbf{u}_g(x,t) \) solves the problem (17). Because of the linearity of the Neumann problem, for every direction \( \mathbf{u}_g = [u_1, \ldots, u_d] \), we have that
\begin{equation}
\mathbf{u}_g(x,t) = \sum_{i=1}^d u_i \mathbf{e}_i(x,t),
\end{equation}
where \( \mathbf{e}_i \) is the \( i \)-th vector of the canonical basis of \( \mathbb{R}^d \). As a consequence,
\begin{align*}
D_{\text{eff}}^{\text{u}_g} &= D_0 - \frac{D_0}{A[\Omega]} \int_0^T E \int_{\Omega} \mathbf{u}_g \cdot \nabla \mathbf{u}_g dx dt \\
&= D_0 - \frac{D_0}{A[\Omega]} \int_0^T E \left( \sum_{i=1}^d u_i^2 \int_{\Omega} \mathbf{e}_i \cdot \nabla \mathbf{e}_i dx + \sum_{i \neq j} u_i u_j \int_{\Omega} \mathbf{e}_i \cdot \nabla \mathbf{e}_j dx \right) dt,
\end{align*}
and thus, if we want to average over all the possible directions, we are interested in the integrals
\begin{align*}
\int_{S^{d-1}} u_i^2 d\mathbf{u}, & \quad i = 1, \ldots, d \quad \text{and} \quad \int_{S^{d-1}} u_i u_j d\mathbf{u}, \quad i, j = 1, \ldots, d, i \neq j.
\end{align*}
We observe that for all \( i, j = 1, \ldots, d \) and \( i \neq j \),
\begin{equation}
\int_{S^{d-1}} u_i u_j d\mathbf{u} = 0.
\end{equation}
Therefore, what remains in the average are just the terms
\begin{equation}
\sum_{i=1}^d \int_{S^{d-1}} u_i^2 d\mathbf{u} \int_{\Omega} \mathbf{e}_i \cdot \nabla \mathbf{e}_i dx,
\end{equation}
i.e., simply the average over \( d \) perpendicular directions and then
\begin{equation}
D_{\text{ave}}^{\text{eff}} = D_0 - \frac{D_0}{dA[\Omega]} \int_0^T E \int_{\Omega} \mathbf{u}_g \cdot \nabla \mathbf{u}_g(x,t) dx dt,
\end{equation}
where \( \mathbf{u}_g^i, i = 1, \ldots, d \) are \( d \) orthogonal directions. In short, averaging over all the possible directions is equivalent to averaging only over \( d \) orthogonal normalized directions.

We use the fact that
\begin{equation}
\sum_{i=1}^d \int_{\Gamma} (\mathbf{u}_g^i \cdot \nu)^2 ds_x = \frac{|\Gamma|}{d}
\end{equation}
and define
\begin{equation}
(110) \quad k_n = \frac{1}{d} \sum_{i=1}^{d} \left( -a_n^2 \right) = \frac{1}{d} \sum_{i=1}^{d} \left( \int_{\Omega} \mathbf{x} \cdot \mathbf{u}_{n} \phi_n(\mathbf{x}) \, d\mathbf{x} \right) d\Omega,
\end{equation}
i.e., the mean over \( d \) orthogonal directions of the square of the first moment along these directions, and
\begin{equation}
(111) \quad j_n = \frac{1}{d} \sum_{i=1}^{d} \left( b_n^2 a_n^2 \right) = \frac{1}{d} \sum_{i=1}^{d} \left( \int_{\Omega} \omega_{n} \mathbf{u}_{n} \phi_n(\mathbf{x}) \, d\mathbf{x} \right) \left( \int_{\Omega} \mathbf{x} \cdot \mathbf{u}_{n} \phi_n(\mathbf{x}) \, d\mathbf{x} \right) d\Omega
\end{equation}
to complete the proof. \( \Box \)

REFERENCES


